



Attorney Docket No. 10029.02  
Express Mail Label No. EV 423 774 747 US

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Patent Application of:

Confirmation No.: 2619

Inventors: Kevin Lamar et al.

Group Art Unit: 3764

Appln. No.: 09/805,067

Examiner: Glenn E. Richman

Filed: March 12, 2001

For: GROUP PROGRAM FOR RESISTANCE  
EXERCISE TRAINING

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Mail Stop RCE  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

INFORMATION DISCLOSURE STATEMENT  
Under 37 C.F.R. §§ 1.97(b)(4) and 1.98

Sir:

The Examiner is requested to consider the references noted on the enclosed Form PTO-1449 during examination of the above-identified patent application. These references are submitted for the Examiner's consideration and are submitted pursuant to the duty of disclosure under 37 C.F.R. § 1.56. In submitting these references, no representation is made or implied that the references are or are not material to the examination of the application. The Examiner is encouraged to make his or her own determination of materiality. Copies of the references are provided.

The references cited and marked with an asterisk (\*) on Form PTO-1449 were previously cited to the Office in an Information Disclosure Statement filed on November 19, 2001. However, the references cited therein have not been initialed or struck through, so it is unclear whether they were considered. Thus, the references are resubmitted herewith for the Examiner's convenience.

This IDS is filed before the first Office action after the filing of a request for continued examination under 37 C.F.R. § 1.114. Accordingly, pursuant to 37 C.F.R. § 1.97(b)(4), no fees


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are due with respect to this filing. However, should any fees be deemed necessary, such fees may be charged to Deposit Account No. 04-1415.

If the examiner has any questions, please contact the undersigned attorney.

Dated: 3 June 2004.

Respectfully submitted,



Gregory P. Durbin, Reg. No. 42,503  
DORSEY & WHITNEY LLP  
370 Seventeenth Street, Suite 4700  
Denver, CO 80202-5647  
Tel.: (303) 629-3400  
Fax: (303) 629-3450

USPTO Customer No. 20686

Enclosures

FORM PTO-1449 U.S. DEPARTMENT OF COMMERCE  
(Modified) PATENT AND TRADEMARK OFFICEATTY. DOCKET NO.  
10029.02APPLN. NO.  
09/805,067INFORMATION DISCLOSURE  
STATEMENT BY APPLICANT  
(Use several sheets if necessary)APPLICANT:  
Kevin Lamar et al.FILING DATE  
March 12, 2001GROUP  
3764

## U.S. PATENT DOCUMENTS

EXAMINER INITIAL	PATENT NUMBER	ISSUE DATE	PATENTEE	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE
	*3,379,439	04/1968	Sorenson et al.	272	64	
	*5,265,589	11/1993	Wang	128	25 R	
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	5,616,110	04/1997	Nascimento	482	131	
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## FOREIGN PATENT OR PUBLISHED FOREIGN PATENT APPLICATION

	DOCUMENT NUMBER	PUBLISHED DATE	COUNTRY	CLASS	SUBCLASS	TRANSLATION	
						YES	NO

## OTHER DOCUMENTS (Including Author, Title, Date, Pertinent Pages, Etc.)

	*BFit® University Presents Bally "Total Fitness PowerPump the Official Barbell Workout", Training Manual, 1998.
	*Keiser® Power Pacer, Instructor Training Manual®, by Keiser Corporation, 1997, 1998.
	*Body Pump™, Trainer Manual Version II®, Les Mills International/The STEP Company, 1998.
	*Body Pump™, Instructor Manual Version II®, Les Mills International/The STEP Company, 1998.
	*The STEP® Company Club Price List, Les Mills International/The Step Company, May 1998.
	*Body Pump™, "Become Some Body!", Press Release, Les Mills International/The STEP Company, date unknown.
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	*Body Pump™, "Anybody and Everybody Wants to...Become Some Body" Brochure, A Product of The STEP Company and Developed by Les Mills Aerobics, date unknown.
	"New Fitness Trend Guarantees Company's Success, Press Release, The STEP® Company, date unknown.
	The Step, "The Original Health Club Step", brochure, The Step Company, 1995.
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